

# Men's Size Scale C

#### Alpha Shirts

Long or Short Sleeve	XXS	XS	S	М	L	XL	2XL	3XL	4XL	5XL	6XL	7XL	8XL
Neck Size	12-121/2	13–13½	14–14½	15–15½	16–16½	17–17½	18–18½	19–19½	20-201/2	21-211/2	22-221/2	23-231/2	24–24½
Sleeve Length   30–31	•	•	•	•									
Sleeve Length   32–33	•	•	•		•	•							
Sleeve Length   34–35				•	•	•		•	•T	•T	•T	•T	•T
Sleeve Length   36–37 Tall					•T	•T	•T	•T	•T	•T	•T	•T	•T
Short Sleeve   Regular		•	•	•	•			•					
Short Sleeve   Tall					•T	•T	•T	•T	•T	•T	•T	•T	•T
T=Talls; Talls have 2" longer boo	dy.												

# HOW TO MEASURE

Our garments are cut to accommodate active working conditions. Here's how to get the correct size and ensure a comfortable fit.



### MEN

For men, as a general rule, the number of inches measured will equal your size, when measured correctly. Be sure to measure your body. Do not measure over shirts or slacks.

### NECK

Measure around base of neck (lowest part). Number of inches equals neck size.

## SLEEVE LENGTH

Start from the center of the back of neck and measure across the shoulder to the elbow and down the wrist.

#### CHEST

With arms at sides, measure across fullest part of the chest, under arms and across shoulder blades. Keep tape measure straight across back.

## WAIST

Measure your natural waist at the height you normally wear your pants. Keep the tape measure firm but not tight.

#### INSEAM

Measure the inside of your leg from crotch down to the top of the shoe. Or, measure a similar style of pants that fit well. Measure from the crotch seam to the hem.

#### LOW HIP

Measure the widest point of your hip, approximately 8" below your natural waist.