

LADIES' GARMENT SIZE	XS	S	M	L	XL	2XL	3XL	4XL
Numeric Sizing (USA/Canada)	2	4-6	8-10	12-14	16-18	20	22	24
Numeric Sizing (European)	32	34-36	38-40	42-44	46-48	50	52	54
Chest	31" - 32"	33" - 35"	36" - 38"	39" - 42"	43" - 45"	46" - 49"	50" - 53"	54" - 57"
Waist	23" - 24"	25" - 27"	28" - 30"	31" - 32"	33" - 35"	36" - 38"	39" - 41"	42" - 44"
Hip	33" - 34"	35" - 37"	38" - 40"	41" - 42"	43" - 45"	46" - 48"	49" - 51"	52" - 54"
Sleeve Length	29.5" - 30"	30.5" - 31"	31.5" - 32"	32.5" - 33"	33.5" - 34"	34.5" - 35"	35" - 35.5"	35.5" - 36"

How to Measure

CHEST: Measure just under the arms, across fullest part of chest, around shoulder blades holding tape firm and level.

WAIST: Measure your natural waistline, keeping one finger between the tape and the waist.

HIP: Stand and measure around the fullest point of hips.

SLEEVE LENGTH: With arm relaxed at side and slightly bent, measure from centre back neck, over the shoulder, down to the outer wrist.

INSEAM: Stand and measure from centre crotch to bottom of ankle bone. (Please refer to specific style for garment inseam length.)

UNISEX: Men's medium is similar to ladies' large. Sleeve length will be about 1-1½" longer. Body of garment is not form fitting. Unisex medium is equivalent to men's medium through chest and sleeve length.

