



## UNIFORM PROGRAM SIZING CHARTS

### Men's Polo Style S445

| Size                 | XS      | S       | M       | L       | XL      | 2XL     | 3XL     | 4XL     | 5XL     | 6XL     |
|----------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Chest - Half Measure | 18 3/4" | 20 1/4" | 21 3/4" | 23 1/4" | 24 3/4" | 26 1/4" | 28 1/4" | 30 1/4" | 32 1/4" | 34 1/4" |
| Chest - Full Measure | 37 1/2" | 40 1/2" | 43 1/2" | 46 1/2" | 49 1/2" | 52 1/2" | 56 1/2" | 60 1/2" | 64 1/2" | 68 1/2" |
| Body Length from HPS | 28"     | 29"     | 30"     | 31"     | 32"     | 33"     | 33 1/2" | 34"     | 34 1/2" | 35"     |
| Sleeve Length-CB     | 17 3/4" | 18 1/2" | 19 1/4" | 20"     | 20 3/4" | 21 1/2" | 22 1/4" | 23"     | 23 3/4" | 24 1/2" |

### Ladies Polo Style L445

| Size             | XS          | S           | M           | L           | XL          | 2XL         | 3XL         | 4XL         |
|------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| Numeric Size     | 2           | 4-6         | 8-10        | 12-14       | 16          | 18-20       | 22          | 24          |
| Bust             | 32"-34"     | 35"-36"     | 37"-38"     | 39"-41"     | 42"-44"     | 45"-47"     | 48"-51"     | 52"-55"     |
| Waist            | 24"-25"     | 26"-27"     | 28"-30"     | 30"-32"     | 33"-35"     | 36"-38"     | 40"-42"     | 42"-44"     |
| Hip              | 33"-35"     | 35"-37"     | 37"-39"     | 39"-41"     | 42"-44"     | 45"-47"     | 48"-50"     | 50"-52"     |
| Sleeve Length-CB | 30"-30 1/2" | 30 1/2"-31" | 31 1/2"-32" | 32 1/2"-33" | 33 1/2"-34" | 34"-34 1/2" | 34 1/2"-35" | 34 1/2"-35" |

### Canadian Linen Work Shirts - GSC019, GSC007 and GSC448

| Size       | S               | M               | L               | XL              | XXL             | 3XL             | 4XL             | 5XL             |
|------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| Neck       | 13 1/4"-14 1/4" | 14 1/4"-15 1/4" | 15 1/4"-16 1/4" | 16 1/4"-17 1/4" | 17 1/4"-18 1/4" | 18 1/4"-19 1/4" | 19 1/4"-20 1/4" | 20 1/4"-21 1/4" |
| Chest      | 32 1/2"-36"     | 36 1/2"-40"     | 40 1/2"-44"     | 44 1/2"-48"     | 48 1/2"-52"     | 52 1/2"-56"     | 56 1/2"-60"     | 60 1/2"-64"     |
| Max. Waist | 35 1/4"         | 39 1/4"         | 44 1/4"         | 48 1/4"         | 52 1/4"         | 56 1/4"         | 60 1/4"         | 64 1/4"         |

### Operate Core 365 Men's Twill Shirts 88193 and 88194

|       | S     | M     | L     | XL    | 2XL   | 3XL   | 4XL   | 5XL   |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| CHEST | 35-38 | 39-41 | 42-45 | 46-49 | 50-52 | 53-56 | 57-60 | 61-64 |
|       | LT    | XLT   | 2XT   | 3XT   | 4XT   | 5XT   |       |       |
| CHEST | 43-46 | 46-49 | 49-52 | 52-55 | 55-58 | 58-61 |       |       |

### Operate Core 365 Ladies Twill Shirt 78193 and 78194

|       | XS    | S     | M     | L     | XL    | 2XL   | 3XL   |
|-------|-------|-------|-------|-------|-------|-------|-------|
| CHEST | 31-32 | 33-35 | 36-38 | 39-42 | 43-45 | 46-49 | 50-53 |

### Red Kap Ladies Industrial Work Shirt

|      | XS                 |                    | S                  |                    | M                  |                        | L             |                        | XL                     |                        | XXL                    |                        | 3XL                    |                        | 4XL                    |                        |
|------|--------------------|--------------------|--------------------|--------------------|--------------------|------------------------|---------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|
| Size | 2                  | 4                  | 6                  | 8                  | 10                 | 12                     | 14            | 16                     | 18                     | 20                     | 22                     | 24                     | 26                     | 28                     | 30                     | 32                     |
| Bust | 31 1/2"<br>↓<br>32 | 32 1/2"<br>↓<br>33 | 33 1/2"<br>↓<br>34 | 34 1/2"<br>↓<br>35 | 35 1/2"<br>↓<br>36 | 36 1/2"<br>↓<br>37 1/2 | 38<br>↓<br>39 | 39 1/2"<br>↓<br>40 1/2 | 41 1/2"<br>↓<br>42 1/2 | 43 1/2"<br>↓<br>44 1/2 | 45 1/2"<br>↓<br>46 1/2 | 47 1/2"<br>↓<br>48 1/2 | 49 1/2"<br>↓<br>50 1/2 | 51 1/2"<br>↓<br>52 1/2 | 53 1/2"<br>↓<br>54 1/2 | 55 1/2"<br>↓<br>56 1/2 |



## UNIFORM PROGRAM SIZING CHARTS

**Canadian Linen and Red Kap Pants/Shorts - GPC002, GPC621, GPC171, GP2466 and GP2411**

| Size/Tag | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |
|----------|----|----|----|----|----|----|----|----|----|----|----|----|
| Waist    | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |

**Red Kap Ladies Pants and Shorts – 2263, 2660, PC45**

| Size  | 0   | 2   | 4   | 6   | 8   | 10  | 12  | 14  | 16  | 18  | 20  | 22  | 24  | 26  | 28  | 30  | 32  |
|-------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Waist | 25  | 26  | 27  | 28  | 29  | 30  | 31  | 32½ | 34  | 35½ | 37½ | 39½ | 41½ | 43½ | 45½ | 47½ | 49½ |
|       | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   |
|       | 26  | 27  | 28  | 29  | 30  | 31  | 32½ | 34  | 35½ | 37½ | 39½ | 41½ | 43½ | 45½ | 47½ | 49½ | 51½ |
| Hip   | 34½ | 35½ | 36½ | 37½ | 38½ | 39½ | 40½ | 42  | 43½ | 45  | 47  | 49  | 51  | 53  | 55  | 57  | 59  |
|       | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   | ↓   |
|       | 35½ | 36½ | 37½ | 38½ | 39½ | 40½ | 42  | 43½ | 45  | 47  | 49  | 51  | 53  | 55  | 57  | 59  | 61  |





## UNIFORM PROGRAM SIZING CHARTS

### Canadian Linen Non FR Hi Vis Coveralls – GOC003 and GOC004

| Measurements (inches)                            | 38     | 40     | 42     | 44     | 46     | 48     | 50     | 52     | 54     | 56     | 58     | 60     |
|--------------------------------------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| Chest (1" below armhole)                         | 43 1/2 | 45 1/2 | 47 1/2 | 49 1/2 | 51 1/2 | 53 1/2 | 55 1/2 | 57 1/2 | 59 1/2 | 61 1/2 | 63 1/2 | 65 1/2 |
| Waist (center of band)                           | 41 1/2 | 43 1/2 | 45 1/2 | 47 1/2 | 49 1/2 | 51 1/2 | 53 1/2 | 55 1/2 | 57 1/2 | 59 1/2 | 61 1/2 | 63 1/2 |
| Inseam (regular)                                 | 31 5/8 | 31 5/8 | 31 3/4 | 31 3/4 | 31 3/4 | 31 7/8 | 31 7/8 | 32     | 32 1/8 | 32 1/4 | 32 3/8 | 32 1/2 |
| Sleeve length (regular) from center back of neck | 34 1/2 | 35     | 35 1/2 | 36     | 36 1/2 | 37     | 37 1/2 | 38     | 38 1/2 | 39     | 39 1/2 | 40     |
| Inseam (tall)                                    | 32 5/8 | 32 5/8 | 32 3/4 | 32 3/4 | 32 3/4 | 32 7/8 | 32 7/8 | 33     | 33 1/8 | 33 1/4 | 33 3/8 | 33 1/2 |
| Sleeve length (tall) from center back of neck    | 35 1/2 | 36     | 36 1/2 | 37     | 37 1/2 | 38     | 38 1/2 | 39     | 39 1/2 | 40     | 40 1/2 | 41     |



## UNIFORM PROGRAM SIZING CHARTS

### Tough Duck – WJ14, S372, S374, S157 and S757

|       | XS        | S         | M         | L         | XL        | 2XL       | 3XL       | 4XL       | 5XL       |
|-------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| Neck  | 13"-13.5" | 14"-14.5" | 15"-15.5" | 16"-16.5" | 17"-17.5" | 18"-18.5" | 19"-19.5" | 20"-20.5" | 21"-21.5" |
| Chest | 32"-34"   | 35"-37"   | 38"-40"   | 42"-44"   | 46"-48"   | 49"-51"   | 52"-54"   | 55"-57"   | 58"-60"   |
| Waist | 26"-28"   | 29"-31"   | 32"-34"   | 36"-38"   | 40"-42"   | 43"-45"   | 46"-48"   | 49"-51"   | 52"-54"   |



## UNIFORM PROGRAM SIZING CHARTS

### Canadian Linen GPC001

| Size/Tag | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |
|----------|----|----|----|----|----|----|----|----|----|----|----|----|
| Waist    | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 |

### Canadian Linen GSC004

| Size       | S       | M       | L       | XL      | XXL     | 3XL     | 4XL     | 5XL     |
|------------|---------|---------|---------|---------|---------|---------|---------|---------|
| Neck       | 13½-14½ | 14½-15½ | 15½-16½ | 16½-17½ | 17½-18½ | 18½-19½ | 19½-20½ | 20½-21½ |
| Chest      | 32½-36  | 36½-40  | 40½-44  | 44½-48  | 48½-52  | 52½-56  | 56½-60  | 60½-64  |
| Max. Waist | 35½     | 39½     | 44½     | 48½     | 52½     | 56½     | 60½     | 64½     |





## UNIFORM PROGRAM SIZING CHARTS

### IFR Avenger FR Coverall – GF1392

| SIZE/TAG | 34   | 36  | 38   | 40  | 42   | 44  | 46   | 48  | 50   | 52  | 54   | 56  | 58   | 60  | 62   |
|----------|------|-----|------|-----|------|-----|------|-----|------|-----|------|-----|------|-----|------|
| Chest    | 32   | 34  | 36   | 38  | 40   | 42  | 44   | 46  | 48   | 50  | 52   | 54  | 56   | 58  | 60   |
| Waist    | 22   | 24  | 26   | 28  | 30   | 32  | 34   | 36  | 38   | 40  | 42   | 44  | 46   | 48  | 50   |
| Neck     | 12.5 | 13  | 13.5 | 14  | 14.5 | 15  | 15.5 | 16  | 16.5 | 17  | 17.5 | 18  | 18.5 | 19  | 19.5 |
| Weight   | 140  | 150 | 160  | 170 | 180  | 190 | 200  | 210 | 220  | 230 | 240  | 250 | 260  | 270 | 280  |

Regular (5'6" to 5'11")    Talls (5'11" to 6'3")    Tall sizes are longer than regular by 2" in the arms & legs and 1½" in the body of the garment.

### IFR FR Parka – US215

| Size/Tag     | XS      | S       | M       | L       | XL      | 2XL     | 3XL     | 4XL     | 5XL     |
|--------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Chest        | 32-34   | 36-38   | 40-42   | 44-46   | 48-50   | 52-54   | 56-58   | 60-62   | 64-66   |
| Waist        | 26-28   | 30-32   | 34-36   | 38-40   | 42-44   | 46-48   | 50-52   | 54-56   | 58-60   |
| Neck         | 13.5-14 | 14.5-15 | 15.5-16 | 16.5-17 | 17.5-18 | 18.5-19 | 19.5-20 | 20.5-21 | 21.5-22 |
| Weight (lbs) | 120-140 | 145-160 | 165-180 | 185-200 | 205-220 | 225-240 | 245-260 | 265-280 | 285-300 |

### IFR FR Bib Pant – US225

| Size/Tag     | S       | M       | L       | XL      | 2XL     | 3XL     | 4XL     |
|--------------|---------|---------|---------|---------|---------|---------|---------|
| Chest        | 36-38   | 40-42   | 44-46   | 48-50   | 52-54   | 56-58   | 60-62   |
| Waist        | 30-32   | 34-36   | 38-40   | 42-44   | 46-48   | 50-52   | 54-56   |
| Weight (lbs) | 145-160 | 165-180 | 185-200 | 205-220 | 225-240 | 245-260 | 265-280 |

### IFR FR Full Zip Fleece – OS324

| Size/Tag | S    | M    | L    | XL    | 2XL | 3XL   | 4XL   |
|----------|------|------|------|-------|-----|-------|-------|
| Chest    | 21   | 22.5 | 24   | 26    | 28  | 30    | 32    |
| Neck     | 8.25 | 8.5  | 8.75 | 9.125 | 9.5 | 9.875 | 10.25 |



## UNIFORM PROGRAM SIZING CHARTS

### Tingley Eclipse Rain FR Jacket – J44129C

| Size | Chest Size | Garment Chest | Length | Sleeve |
|------|------------|---------------|--------|--------|
| S    | 36 - 38    | 46            | 29     | 33     |
| M    | 40 - 42    | 50            | 30     | 34     |
| L    | 44 - 46    | 54            | 31     | 34½    |
| XL   | 48 - 50    | 58            | 31     | 35     |
| 2XL  | 52 - 54    | 62            | 32     | 35½    |
| 3XL  | 56 - 58    | 66            | 32     | 36     |
| 4XL  | 60 - 62    | 70            | 32     | 36     |
| 5XL  | 64 - 66    | 74            | 33     | 38     |

### Tingley Eclipse Rain FR Overalls – O44129C

#### Size Chart – Overalls & Pants

| Size | Waist   | Garment Inseam |
|------|---------|----------------|
| S    | 32 - 34 | 28             |
| M    | 36 - 38 | 29             |
| L    | 40 - 42 | 30             |
| XL   | 44 - 46 | 31             |
| 2XL  | 48 - 50 | 32             |
| 3XL  | 52 - 54 | 32             |
| 4XL  | 56 - 58 | 32             |
| 5XL  | 60 - 62 | 33             |