



Ladies' Size Scale X

Housekeeping Tunics & Pants

Alpha Size	XXS	XS	S	M	L	XL	2XL	3XL
Numeric Size	0-2	4-6	6-10	12-14	16-18	20-22	24-26	28-30
Bust	32-33	34-35	36-37	38½-40	41½-43½	45½-47	49-51	53-54
Waist	24-26	27-28	29-30	31½-33	34½-36½	38½-41	43-45	47-51
Hip	34-36	37-38	39-40	41½-43	44½-46½	48½-49	51-53	55-59

HOW TO MEASURE

Our garments are cut to accommodate active working conditions. Here's how to get the correct size and ensure a comfortable fit.



LADIES

Be sure to measure your body. Do not measure over shirts or slacks. Hold tape measure close but not tight against the body.

BUST

Measure across fullest part of bust/chest keeping arms relaxed at sides. Keep tape measure straight and parallel to the floor.

WAIST

Measure at your natural waistline at its smallest part.

LOW HIP

Measure the widest point of your hip, approximately 8" below your natural waist.

HIGH HIP

Measure the protruding points of your hip bones, approximately 3" below your natural waist.