# **SIZE AND FIT GUIDE**



#### **MEN'S SIZE GUIDE**

**CHEST -** Measure around the fullest part of your chest, just under your arms.

**WAIST -** Wrap tape around your natural waistline, or where you actually wear your pants.

**INSEAM -** Measure your length from the crotch to the bottom of the leg (without shoes on).

## MEN'S FIT GUIDE (JACKETS, PARKAS, PANTS, BIB OVERALLS, COVERALLS)

NUMERIC	32	36	40	44	48	52	54	56	60
ALPHA	XS	S	M	L	XL	2XL	3XL	4XL	5XL
NECK	13-13½"	14-14½"	15-15½"	16-16½"	17-171/2"	18-18½"	19-19½"	20-20½"	21-21½"
CHEST	32-34"	35-37"	38-40"	42-44"	46-48"	49-51"	52-54"	55-57"	58-60"
WAIST	26-28"	29-31"	32-34"	36-38"	40-42"	43-45"	46-48"	49-51"	52-54"

# HEADWEAR FIT GUIDE (MEASURE AROUND YOUR HEAD WHERE YOUR HAT WILL BE WORN)

ALPHA	M	L	XL
HEAD	21 %-22 ½"	22 %-23 %"	23 1/2-23 7/8"



#### **WOMEN'S SIZE GUIDE**

**CHEST -** Measure around the fullest part of your chest, just under your arms.

**WAIST -** Wrap tape around your natural waistline, or where you actually wear your pants.

HIP - Stand with your heels together and measure around the fullest part of your hips.

#### WOMEN'S FIT GUIDE (JACKETS, PARKAS, PANTS, BIB OVERALLS, COVERALLS)

ALPHA	XS	S	M	L	XL	2XL
CHEST	33-34"	35-36"	37-39"	40-42"	43-46"	47-50"
WAIST	24-25"	26-27"	28-30"	31-33"	34-37"	38-41"
HIP	34-35"	36-37"	38-40"	41-43"	44-47"	48-51"

#### **WOMEN'S SIZE GUIDE**

The best way to determine what men's size will fit you best is to match your chest measurement to the men's on the chart below. It's important to note that the sleeve length and legs might be a bit longer and require you to have them shortened.

## **WOMEN'S FIT GUIDE FOR MEN'S STYLES**

NUMERIC	32	36	40	44	48	
MEN'S ALPHA	XS	S	M	L	XL	
MEN'S CHEST	32-34"	35-37"	38-40"	42-44"	46-48"	
MEN'S WAIST	26-28"	29-31"	32-34"	36-38"	40-42"	
WOMEN'S CHEST	35-36"	37-39"	40-42"	43-46"	47-50"	
WOMEN'S WAIST	26"-27"	28-30"	31-33"	34-37"	38-41"	