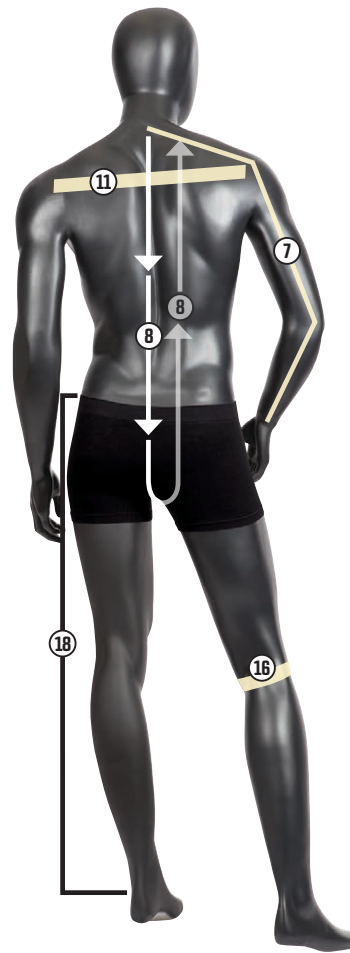
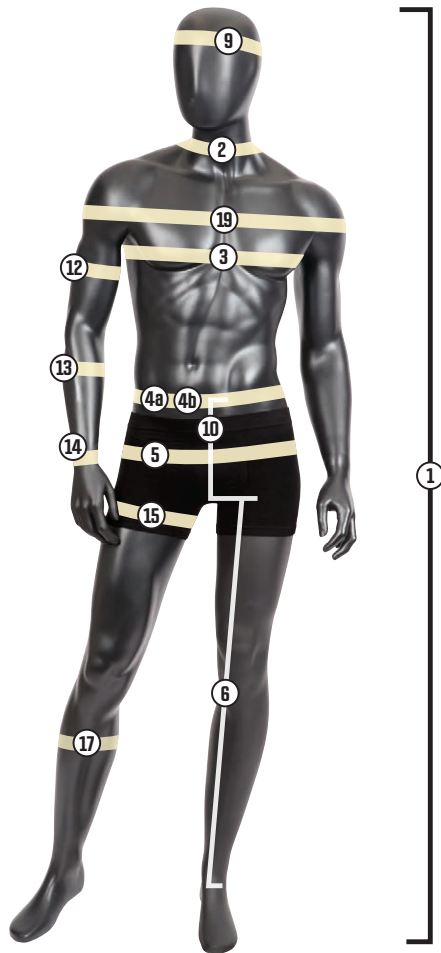


## Men's Alpha Dress Shirt Fit Chart

Size		S	M	L	XL	2XL	3XL	4XL	5XL
Neck		13 $\frac{3}{8}$ -14 $\frac{1}{2}$	14 $\frac{3}{8}$ -15 $\frac{1}{2}$	15 $\frac{3}{8}$ -16 $\frac{1}{2}$	16 $\frac{3}{8}$ -17 $\frac{1}{2}$	17 $\frac{3}{8}$ -18 $\frac{1}{2}$	18 $\frac{3}{8}$ -19 $\frac{1}{2}$	19 $\frac{3}{8}$ -20 $\frac{1}{2}$	20 $\frac{3}{8}$ -21 $\frac{1}{2}$
Chest		34 $\frac{1}{2}$ -38	38 $\frac{1}{2}$ -42	42 $\frac{1}{2}$ -46	46 $\frac{1}{2}$ -50	50 $\frac{1}{2}$ -53	53 $\frac{1}{2}$ -56	56 $\frac{1}{2}$ -59	59 $\frac{1}{2}$ -62
Max. Waist		36	40	44	48	51 $\frac{1}{2}$	55	58 $\frac{1}{2}$	62
Sleeve Length	RG	34 $\frac{3}{4}$	34 $\frac{3}{4}$	35 $\frac{3}{4}$	35 $\frac{3}{4}$	36 $\frac{3}{4}$	36 $\frac{3}{4}$	37 $\frac{3}{4}$	37 $\frac{3}{4}$
	LN	35 $\frac{3}{4}$	36 $\frac{3}{4}$	36 $\frac{3}{4}$	37 $\frac{3}{4}$	37 $\frac{3}{4}$	38 $\frac{3}{4}$	38 $\frac{3}{4}$	39 $\frac{3}{4}$
	XLN	37 $\frac{3}{4}$	37 $\frac{3}{4}$	38 $\frac{3}{4}$	38 $\frac{3}{4}$	39 $\frac{3}{4}$	39 $\frac{3}{4}$	40 $\frac{3}{4}$	40 $\frac{3}{4}$
Back Length	RG	Regular Back Length							
	LN	Regular Back Length plus 1 $\frac{1}{2}$ "							
	XLN	Regular Back Length plus 4"							
	SS	Regular Back Length							
	SSL	Regular Back Length plus 4"							

# measuring guidelines



## ① HEIGHT

Stand straight against a wall without your shoes. Make a mark level with the top of your head. Measure from this point down to the floor.

## ② NECK

Measure around the base of the neck where a collared shirt would fit, or measure a collar band on a shirt that fits you well.

## ③ CHEST / BUST

Measure the fullest part of your chest/bust. Hold the tape firmly, but not tightly. Be sure the tape is level and straight across your back. Stand naturally.

## ④a WAIST / MID-SECTION

First, remove your belt. Then, measure over shirt (not over pants) at 1/2" to 1" below the navel. Hold the tape firmly but not tightly. If pants are worn under a protruding abdomen, measure where pants are typically worn. Note: For women, please refer to the hip measurement as the key point of measure for fitting pants.

## ④b WAIST / MID-SECTION

For shirts and covering garments such as coveralls - measure midsection over clothing around the fullest part of the abdomen. Note: Include both "A" and "B" measurements if ordering multiple garments.

## ⑤ HIPS

Stand with your heels together. Measure around the fullest part of the hips. Hold the tape measure straight and level.

## ⑥ INSEAM

Standing straight, measure the distance from the crotch to just below the ankle bone. OR - using similar style pants that fit you well: lay garment flat with front and back creases and smooth. Measure along the inside seam of one leg from the bottom of the hem to the crotch.

## ⑦ SLEEVE

Bend the elbow slightly. Start at the center back of the neck and measure across the shoulder to the elbow and down to the wrist bone.

## ⑧ TRUNK

Measure from base of neck (front) down around crotch and back up to the bottom of the collar. *(For coveralls only)*

## ⑨ CAP / HAT SIZE

Measure the circumference of the head at it's widest diameter, approximately 1/8" above the ears.